

FOOD SENSITIVITY SHEET

	BASE	PROTEIN	MIX-INS	SAUCE	TOPPINGS	EXTRAS
GLUTEN	☺ ALL OK	☹ MARINATED FISH	☹ HIJIKI	☹ COMPANY SAUCE ☹ SESAME SHOYU ☹ CITRUS PONZU ☹ SPICY MISO ☹ EEL	☹ TEMPURA ☹ CRISPY ONIONS ☹ WASABI PEAS	☹ MASAGO ☹ SEAWEED SALAD
SESAME SEEDS	☺ ALL OK	☺ ALL OK	☺ ALL OK	☺ ALL OK	☹ SESAME SEEDS	☹ SEAWEED SALAD
SESAME OIL	☺ ALL OK	☹ MARINATED FISH	☺ ALL OK	☹ COMPANY SAUCE ☹ SESAME SHOYU	☹ SESAME SEEDS	☹ SEAWEED SALAD
KETO DIET	☹ BROWN RICE ☹ WHITE RICE	☹ MARINATED FISH ☹ TOFU	☺ ALL OK	☹ COMPANY SAUCE ☹ SESAME SHOYU ☹ WASABI AIOLI ☹ THAI COCONUT ☹ AVOCADO LIME	☹ TEMPURA ☹ PICKLED GINGER ☹ WASABI PEAS	☹ SEAWEED SALAD ☹ KRAB SALAD
EGGS	☺ ALL OK	☹ SPICY TUNA	☺ ALL OK	☹ SPICY MAYO ☹ WASABI AIOLI ☹ SPICY MISO	☺ ALL OK	☹ KRAB SALAD
MSG	☺ ALL OK	☺ ALL OK	☺ ALL OK	☺ ALL OK	☺ ALL OK	☹ MASAGO
SOY	☺ ALL OK	☹ MARINATED FISH ☹ TOFU	☹ HIJIKI	☹ COMPANY SAUCE ☹ SESAME SHOYU ☹ CITRUS PONZU ☹ SPICY MAYO ☹ WASABI AIOLI ☹ SPICY MISO ☹ EEL SAUCE ☺ COCONUT AMINOS ☺ AVOCADO LIME ☺ THAI COCONUT	☹ TEMPURA ☹ WASABI PEAS	☹ MASAGO ☹ SEAWEED SALAD ☹ KRAB SALAD
VEGETARIAN	☺ ALL OK	☹ TUNA / SPICY TUNA ☹ SALMON ☹ SHRIMP ☺ TOFU	☺ ALL OK	☹ SESAME SHOYU ☹ SPICY MISO ☹ THAI COCONUT ☺ COMPANY SAUCE ☺ CITRUS PONZU ☺ SPICY MAYO ☺ WASABI AIOLI ☺ EEL SAUCE ☺ AVOCADO LIME ☺ COCONUT AMINOS	☺ ALL OK	☹ KRAB SALAD ☹ MASAGO ☺ AVOCADO ☺ SEAWEED SALAD
VEGAN	☺ ALL OK	☹ TUNA / SPICY TUNA ☹ SALMON ☹ SHRIMP ☺ TOFU	☺ ALL OK	☹ SESAME SHOYU ☹ SPICY MISO ☹ THAI COCONUT ☹ SPICY MAYO ☹ WASABI AIOLI ☺ COMPANY SAUCE ☺ CITRUS PONZU ☺ EEL SAUCE ☺ AVOCADO LIME ☺ COCONUT AMINOS	☺ ALL OK	☹ KRAB SALAD ☹ MASAGO ☺ AVOCADO ☺ SEAWEED SALAD

NO NUTS OR DAIRY ARE USED IN FOOD ITEMS

*Please note, we can't guarantee 100% protection from cross contamination but we do store food sensitive items separately and wash all utensils, prep surfaces, and containers extensively after each use.